

## SAVE THE DATE

Saturday, September 17, 2022 12:00 - 4:00 pm





Fort Mellon Park 600 E. 1st St. Sanford, FL 32771

**Guest Instructor SSqt Michael Eckert** Special 3X American Ninja Warrior Contestant, Marine, and **Guinness World Record Holder** 

Giveaways to the First 200 Guests

Dance Lessons



Exercise Demos





Children's Activities



For more information contact: heather.haskett@flhealth.gov

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